If you have athletes who are interested in competitive summer sculling, consider OBC select at Sandy Run.

No sculling experience is necessary, however, we are oriented toward top athletes.

Eighteen will be selected for session 1. This includes 5 hours a day for 6 days — aimed at racing prep & small boat skills. The six to eight best will be invited to session two. This includes further training and eventual racing at Occoquan Memorial Sprints and USrowing Club Nationals.

See flyer or fill out questionnaire HERE if interested

If still developing basic strength and skill, week long beginner sculling camps also offered, <u>HERE</u>.

Jesse Clark Madison Boy's Head Coach

