UPDATE!!

Interested in buying a Race ERG?

Prince William Rowing Club (PWRC) has worked an arrangement with Concept2 to offer High School ERG Sprints participants to purchase a race ERG after the competition at a great price.

Your Concept2 Model D Indoor Rowers with a PM5 monitor will be used by competitive rowers <u>one day only</u>, 3 Feb 18, for the Prince William Rowing Club High School ERG Sprints.

If you purchased these Indoor Rowers directly from Concept2, they would cost \$900 + \$45 shipping + \$39 tax = \$984. After one day of use, the same ERGs are available for \$835 (including VA tax) \$800.00. That is \$149 \$184 savings. These black Model D/PM5 come straight from the Concept2 factor in Vermont with a full warranty and accessories.

ERGs will be available for pickup at Woodbridge Senior High School immediately following the PWRC High School ERG Sprints on Saturday, 3 Feb 18.

PWRC only has 8 of the original 14 ERGs still available for this deal on a first-come, first-serve basis. Priority will be given to High School Crew programs. Payment in-full must be received by **20 January 2018** or your ERG will be given to the next person on the wait list.



Concept2 Model D with PM5 monitor go to: http://www.concept2.com/indoor-rowers/model-d

From Concept2: "The dependable performance of our Model D Indoor Rower has made it the best selling indoor rower in the world. Recognized by competitive rowers as the standard for indoor training, the Model D delivers an effective cardiovascular workout that will increase your fitness level and tone your physique. At a fraction of the cost of other home fitness equipment or a yearly gym membership, you can have the luxury of working out in your home whenever you choose...and get a great workout to boot. We value practical design: our Model D is efficiently engineered and will last a lifetime." "The Performance Monitor is what sets Concept2 Indoor Rowers apart from other training devices, and every Model D includes our most advanced monitor, the PM5. Sophisticated yet easy to use, the PM5 provides accurate, comparable data for every row. A backlight increases visibility, compatibility with USB flash drives makes storing your workout data a breeze, and you can wirelessly monitor your heart rate. The adjustable monitor arm on the Model D lets you position the monitor where you prefer."

If interested in purchasing a race ERG, please contact Mark Pohlmeier at markpohlmeier@live.com.