

Justice Rowing

2021 Team Lettering Policy

Justice Rowing is a club sport competing with varsity status at Justice High School. Varsity letters are awarded according to standards established by the school, the coaches, and the Board. Earning a Varsity Letter is a privilege and an honor; competing in a varsity boat does *not* automatically entitle the student athlete to a Letter. The Varsity Letter represents a commitment to the sport and to the team, is indicative of the athlete's proficiency in rowing, and will be awarded only after careful consideration by the coaching staff, using the criteria described below.

- Participate in a minimum of 2 upper boat/Varsity Level regattas (1st 4+, 1st 4X, 1st 2X, LW 4+/X, LW 2X, Junior 4+/8+).
- Achieve a competitive level of fitness in line with the fitness guidelines outlined in the team handbook.
- Have no more than two unexcused absences and overall attendance of at least 75 percent.
- Routinely support mandatory and non-mandatory activities, such as de-rigging for a regatta, work days, recruitment activities, fundraising, etc.
- Regularly be on time, as determined by the coaches, for all practices and regattas.

Any member of a boat that medals in the Virginia Scholastic Rowing Championship regatta will earn a varsity letter.

Juniors and seniors who have participated in at least three spring seasons who do not meet the above requirements may be awarded a varsity letter upon the recommendation of the coach and the approval of the board. This recommendation will be based on the athlete's attitude, attendance, improvement in erg scores, and racing experience.

Team members will be awarded letters as noted above; however, the coaching staff retains the right to withhold award of a letter in the event of instances of misconduct or poor sportsmanship.