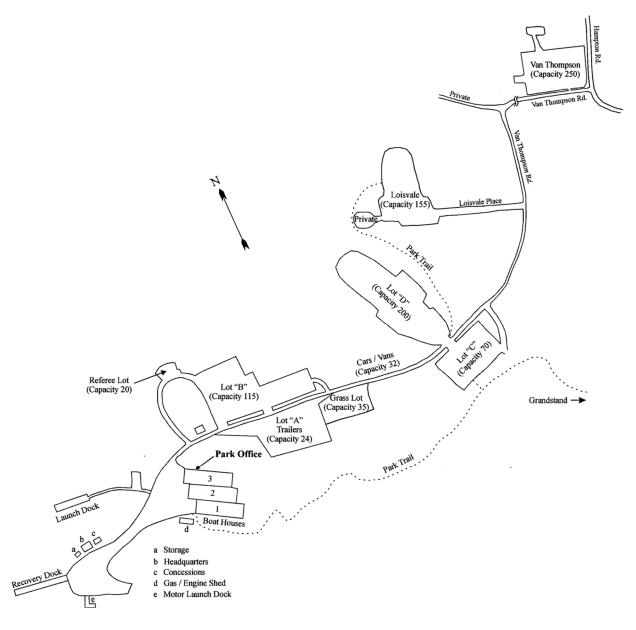
Maps and Directions

SANDY RUN REGIONAL PARK



1. **Sign-In**: Each site has a specific sign-in location. On regatta days, volunteers should report to the Volunteer Sign-In table near regatta headquarters at each regatta site. On workdays, the same procedure is used.

- a. Occoquan Sign-In: At the foot of Van Thompson Road. The Regatta sign-up is in front of the last building near the bottom of the hill on the right side of the road before you get to the water opposite the boathouses. There are signs indicating where the sign-up table is located.
- b. Charlie Butt Sign-In: At Thompson Boat Center (TBC), it is reached by foot from the Thompson's parking lot off Virginia Avenue, or from the Washington Harbor complex on the waterfront at Georgetown. Walk past the circle at the foot of 30th Street, and pass in front of the Swedish Embassy to TBC. Sign in table in on the second floor.
- 2. **Parking Issues**: Parking at all VASRA sites is difficult. In general, if you arrive early, you will have a chance of parking relatively close (perhaps a 10–15-minute walk) to you destination. Arrive later in the day, and it may take 30-60 minutes to reach your destination. It pays to scout out the site in advance. Reaching the spot to watch regattas is done on foot for all sites. Access for the handicapped is limited by can be worked out by contacting the regatta director (see the Contact Us link on the VASRA website).
- 3. Sandy Run (Occoquan) Site Directions:
 - a. **Boathouse**: From the Upper parking lots, continue straight on VAN Thompson Road and you will come to a large bus/trailer parking lot on your left. From here, continue past the portable toilets on the right, and you will see the boathouses on the left. The Coach's and Coxswain's meetings are held on the top floor of the top boathouse in what is commonly referred to as the ERG room.
 - b. **Launch Dock**: Start down the steep hill past the portable toilets and take the first road to the right (the road is located before any of the buildings on the right).
 - c. **Recovery Dock**: Dock at the bottom of the hill past the boathouses.
 - d. **Regatta Headquarters**: The second building on the right as you are going down the hill toward the waters
 - e. **Concessions:** The first building on the right as you are going down the hill towards the water. There are also concessions for sale near the finish line grandstands.
 - f. **Finish Line Grandstands**: There is a concrete viewing area, concession stand and bathroom facilities. There is no access to the starting line. There are three routes to the grandstands:
 - i. By Shuttle Bus from "C" lot (small gravel lot to the left immediately after passing the park gates). The shuttle buses start 1 hour to 45 minutes prior to the 1st race. Cost is \$3 (each way). The shuttle takes you to the Finish Line there is a short walk from the Finish Line to the grandstands.
 - ii. By Foot on the path from the "C" lot (look for the signs). The path is about ½ mile and meets the access road near the Finish Line. The route is a dirt path that is winding and hilly.
 - iii. By Foot from the boathouse. The path from below the boathouse (it starts below the gas shed) is about ¾ mile total. It meets up with the path from the "C" lot about ¼ mile from the boathouse. The paths are dirt, winding and hilly. It can take from 15 to 25 minutes to hike from the boathouse to the finish line.

- 4. Georgetown Site Directions Thompson Boat Center
 - a. Location: just off Rock Creek Parkway at the foot of Virginia Avenue, NW.
 - b. **Parking**: There is a parking lot, but it is very limited. Preference is given to busses, trailers, staff, and volunteers all of whom arrive early. There is commercial parking by the water (close to the finish line off Wisconsin Avenue under the Whitehurst Freeway)
 - c. **Trailers**: The only feasible route into Thompson's parking lot is via Virginia Avenue. Do not try to use Rock Creek Parkway. Traffic cannot cross Rock Creek Parkway during weekday rush.

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