| Start Times | Regatta | Event Format | Athletes | Parking Location |
|-------------|-------------------------|--------------------|-----------|-------------------------------------------------------------------|
| | | | Scheduled | |
| 9:00 A.M. | Polar Bear Regatta | Not Block Schedule | 802 | South County HS |
| 9:00 A.M. | Regional Park Regatta | 8+ First Events | 1408 | Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192 |
| 9:00 A.M. | Walter Mess Regatta | 8+ First Events | 1521 | South County HS |
| 9:00 A.M. | Darrell Winslow Regatta | No Block Schedule | 770 | South County HS |
| 9:00 A.M. | Ted Phoenix Regatta | 8+ First Events | 1599 | Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192 |
| 9:00 A.M. | Rzy Obuchowicz Regatta | 8+ First Events | 1567 | Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192 |
| 9:00 A.M. | Al Urquia Regatta | Small Boats First | 1549 | Commuter Parking Lot 1325 Old Bridge Rd Woodbridge VA 22192 |
| 8:00 A.M. | VSRC Championships | Not Block Schedule | 1094 | South County HS |
| 8:00 A.M. | VSRC Championships | Not Block Schedule | 1156 | South County HS |